Bloody Mary

You’re wondering whether Bloody Mary is real or just an urban legend. Well she’s real. Or at least she was. The myth is based on a true story.  
According to the legend, you have to stand in a bathroom, with one candle lit and say the name "Bloody Mary" into the mirror three times in a row. It is only the bravest of children who would attempt to do this, because the story says this will summon her ghost.  
If you see her ghostly face in the mirror, it could have one of the following terrible consequences:  
  
1. Your eyes being ripped out and your face horribly scarred.  
  
2. Being found dead with claw marks all over your face and body  
  
3. Disappearing mysteriously from the bathroom and ending up trapped in the mirror with the ghost for eternity.  
  
You could also be driven insane or drop dead on the spot.  
The history of the chanting game is based on mixed up legends and history that over the years have become the main basis for the story surrounding the urban legend.  
The most common story told is that Mary Worth was a witch that lived over 100 years ago who dabbled in the black arts. She was found out and executed.  
The other story is more modern – a local woman was involved in a fatal car accident, and her face was horribly scarred before she died. She reappears in the mirror when summoned with that same horrific face.  
It is largely believed that the origins of the names "Mary Worth" and "Bloody Mary" came from a slight mix up of characters from history. Mary I, Queen of England, or Mary Tudor, who reigned during the Tudor period was also commonly known as "Bloody Mary".Mary Tudor Bloody Mary her nickname of "Bloody Mary" became attached to her when she violently executed and burnt people at the stake for heresy throughout her 5-year reign as Queen of England.  
She also was unable to have children and suffered two phantom pregnancies, this is why it is speculated that the variation involving chanting "I stole your baby" became tangled up with the legend.

Bibliography

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